

Phil Collington Jockey Profile

Name: Phil Collington

Age: 28

Height: 5ft 8ins

What other interests do you have: Travelling to new places and any other contact sports.

Pets: 1 Dog, English Springer spaniel, Major

Occupation: Self employed work rider.

Favourite food: Thai

Favourite TV program: Anything I get time to watch.

Favourite film: The Shawshank Redemption

How did you first get involved in Arab Racing? Through a friend who said it would be a way of getting more experience race riding.

How long have you been involved? 6 years.

What is the best horse you've ridden? Jiyush, he was a serious pure bred Arab.

What is your best win? Probably a Group 2 on Djeldor De Bozouls (FR) at Chepstow 2005. He was a horse very hard to catch right!

Which jockey inspires you and why? Tony McCoy, he is ultimately driven.

What do you do to get fit? Jogging, swimming and use of mechanical horse.

What advice would you give to anyone hoping to get involved with Arab Racing? Be prepared to investigate thoroughly what is involved in competing at every level.

What's your favourite/funniest Arab Racing memory? Riding a winner for Tony Brunton at Chepstow on a filly called Ismala (FR) and being half eaten by the colt next to me throughout the last two furlongs. Not so funny at the time though!